

ICD-10 Documentation Tips for Mental Health

Diagnosis	Documentation Requirements		
Alcohol/ Drug Abuse and Dependence	1) Differentiate between alcohol/substance abuse versus dependence -Do not document "use" as a substitute for abuse or dependence	2) For dependence, document if in remission which is based on your clinical judgment	3) Document any substance induced disorders or complications, for example: -Anxiety disorder -Delirium -Delusions -Delusions -Hallucinations -Psychotic disorder
Bipolar Disorder	1) Document current episode as: -Hypomanic -Manic -Depressed or -Mixed	2) If current episode is manic or depressed, document: -Mild, moderate, or severe and -With or without psychotic features	3) If patient is in remission, document: -Full versus partial remission and -Most recent episode as hypomanic, manic, depressed, or mixed
Depression	1) Document type, such as: -Major depression (see Major Depressive Disorder below) -Adjustment disorder with or without depression and/or anxiety, e.g., grief reaction -Anxiety depression -Depressive neurosis		
Hepatic Failure/ Hepatic Encephalopathy	1) Document: -Acute/subacute or chronic -If with hepatic coma	2) Document etiology, for example: -Due to alcohol or drugs	3) If your intended or suspected diagnosis is hepatic failure/encephalopathy, document it in addition to signs or symptoms, such as confusion, altered levels of consciousness, or coma.
Major Depressive Disorder	1) Document single versus recurrent episode	2) Document if: -Mild, moderate, or severe and -With or without psychotic features	2) Document if in remission and if so, whether: -Full remission or -Partial remission
Malnutrition	1) Document type, such as: -Protein calorie -Protein energy	2) Document severity: -Mild or 1st degree -Moderate or 2nd degree or -Severe or 3rd degree	
Pancreatitis	1) Document acute versus chronic	2) Document etiology and show cause and effect, for example: -Idiopathic acute pancreatitis -Alcohol induced acute pancreatitis	
Posttraumatic Stress Disorder	1) Document acute versus chronic		
Schizophrenia	1) Document type as: -Catatonic -Paranoid -Disorganized -Residual -Other -Undifferentiated	2) If diagnosis is schizoaffective disorder, document type as: -Bipolar or -Depressive	
Tobacco	1) Differentiate between: -Tobacco use/abuse or -Dependence	2) Document type of tobacco product, such as: -Cigarettes -Chewing tobacco -Cigars	3) Differentiate between patients who no longer smoke and those that do -Note that "history of smoking" can be an ambiguous statement
Drug Underdosing	1) Document: -Intentional versus -Unintentional	2) Document reason for underdosing, for example: -Financial hardship or -Age related dementia	

